ROOTS

January 2026
Issue 2

created by people, for people

connect • community • care
contribute • create

Our purpose?—to raise awareness, lift spirits, & elevate voices in a time of chaos & confusion.

a free zine project based in Madison, Wisconsin

ROOTS

Are you passionate about art & community? Welcome to:

ELEVATING VOICES

About 700,000 Wisconsinites receive SNAP benefits, including FoodShare programs that help feed our state. Many states are restricting these benefits, but Gov. Evers has chosen to maintain current programs. As grocery prices & cost of living rise, many residents rely on community resources to help feed their families. Due to continued efforts to restrict these programs, it is more important than ever to use, support, & fund our local resources.

RESOURCES

- Dane County Food Collective
- Open Seat UW Food Pantry
- Second Harvest Foodbank
- The River Food Pantry
- Madison Area Food Pantry Gardens
- Madison Community Fridges
- Badger Prairie Needs Network
- The Sunshine Place (Sun Prairie)

rootszine.carrd.co/#food
or scan the QR code on the back cover
for more locations & details

The Dane County Homeless Justice Initiative is looking for donations of winter supplies for our houseless neighbors.

Where to Donate:
- A Room of One's Own
2717 Atwood Avenue
Madison, WI
- MOKA
5227 University Avenue
Madison, WI
- Beans n Cream
1220 W. Main Street
Sun Prairie, WI

Donation Requests:
- Gloves
- Hats
- Scarves
- Long Underwear
- Long Shirts
- Large coats
- Hand/footwarmers
- Winter sleeping bags
- First aid kits
- Non-perishable foods
- Water, Liquid IV
- Gift cards (grocery, Walmart, Target, convenience stores, restaurants)

EVENTS

- Candlelight Hike • 1/10 @ 4:30-7pm, Aldo Leopold Nature Center
- Winter Festival of Poetry • Sundays 1/18-3/8 @2-4pm, Cafe Coda
- Groove & Glide free ice skating • 1/23 @6-8pm, Rennebohm Park
- Queer & Trans Open Mic • 1/28 @ 7pm, Room of One's Own

DEAR READER,

Happy New Year! As we bid 2025 farewell & welcome 2026 with open arms, I invite you to look back & see how far we've come. We've survived a tumultuous year, & I'm confident that 2026 will be one of growth, recovery, and compassion.

While I'm a firm believer in setting goals year-round, January is the season of resolutions. In what ways do you want to learn & grow this year? Some ideas are included here!

We've passed the winter solstice & the days are getting longer again. Take advantage of the sunshine on chilly days. Stay safe this January, & remember to give yourself grace, warmth, and care.

Love,
Your friends & neighbors at ROOTS.

WISCONSIN IN WINTER

The cardinal's bright red coat contrasts starkly against white snow, making them iconic winter symbols. Cardinals are expert foragers and mate for life. Because of this, they often represent connection & devotion.

NEW YEAR RESOLUTIONS

- Start a journal or scrapbook
- Travel somewhere new
- Find a craft you love
- Volunteer to help your neighbors & community
- Learn a new skill
- Spend more time in nature
- Prioritize rest & recovery
- Join a local book club
- Sign up for a class
- Connect with family/friends
- Begin strength training
- Make a zine!

Somewhere wrapped in wildwood, a future crouches beneath ceramic stars, glazed moon, trees shrouded in crystalline snow.

It won't be long til the trees shrug off their coats, bending to glimpse the halation of life unfurling from our windows.